

## Realising the Value Project and the NHS Five Year Forward View

The NHS Five Year Forward View is a national policy document which sets out a vision for the NHS from 2015 to 2020. It calls for radical changes to the way that healthcare is delivered and the development of new models of care. Of particular significance to our work at Penny Brohn UK, is the emphasis on supporting patients to manage their own health, on promoting wellbeing and preventing illness, and on better partnerships between the NHS and voluntary organisations.

In order to deliver on these aspects of the vision, NHS England has funded the Realising the Value project. The project looks at existing best practice in the field of person and community-centred approaches to health and wellbeing. Penny Brohn UK has been selected specifically to look at self-management education because of our exemplary work to date through the National Living Well Programme as an effective person-centred intervention.

Realising the Value is being led by a consortium of high profile organisations including The Health Foundation and NESTA Health Lab. In addition to Penny Brohn UK, the consortium are working with four other organisations who specialise in the related fields of Peer Support, Health Coaching, Community Asset-based Approaches and Group Activities to promote health and wellbeing.

The Realising the Value programme provides a unique opportunity for Penny Brohn UK and some of our partners to help shape national policy around the delivery and commissioning of person-centred and community based approaches.

Here are the programme outputs, as defined by the consortium partners:

- **Overall case for change:** *we are consolidating existing knowledge, evidence and practical approaches into a report to set out the case for a person-centred and community-based health and care system.*
- **Economic tools for commissioning:** *we are developing tools to assist commissioners to better understand the value of taking a person-centred and community-based approach.*
- **Behavioural guides for culture change:** *we are developing a set of innovative practical guides that support local implementation.*
- **System enablers and barriers:** *we are developing a set of practical recommendations on the systems enablers and barriers that will ensure person-centred and community-based approaches take a prominent role across the health and care system.*
- **Final programme report:** *published in autumn 2016 with a final set of resources and recommendations to contribute to real change at scale.*

You can find more information about the programme at: [www.realisingthevalue.org.uk](http://www.realisingthevalue.org.uk)